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my goal is to create a national dialogue about the benefits of shared meals so we can work together to preserve this important ritual for today's and future generations.

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the shared-meal revolution by carol archambeault, 9781491822944, available at book depository with free delivery worldwide.

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carol archambeault, the shared-meal revolution. author, "the shared-meal revolution" and workshop facilitator, blogger, passionate advocate for 1 daily shared meal

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does your current mealtime routine consist of eating on the run, picking up fast food at the drive-through, or grabbing food "cafeteria style"? do the members of your ...

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CAROL ARCHAMBEAULT INTERVIEW: AUTHOR OF THE SHARED-MEAL ...

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could you begin by telling us a little about your book the shared-meal revolution? carol: absolutely. the shared-meal revolution is part research, part cultural study ...

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